



Doctor Visit Checklist

Prepare for Your Next Appointment



Bring this checklist to every medical appointment to help you stay organized, ask the right questions, and make the most of your visit.

Before Your Appointment

- Bring your Medicare and insurance ID cards.
- Bring a current list of medications and supplements.
- Write down new symptoms or health concerns.
- Record your blood pressure, weight, or blood sugar if applicable.
- Bring recent test results or specialist reports.
- Prepare a list of questions for your provider.

During Your Visit

- Discuss changes in your health since your last visit.
- Ask about recommended screenings or preventive services.
- Review medication changes and possible side effects.
- Ask whether additional lab work or imaging is needed.
- Confirm follow-up appointments or referrals.

After Your Appointment

- Schedule follow-up appointments.
- Fill new prescriptions.
- Complete recommended lab work or imaging.
- Update your medication list.
- Save copies of visit summaries and test results.

Questions & Notes

Questions for my provider:

Follow-up instructions:

Questions About Your Medicare Coverage?

William Gray
The Medicare Dude™
Independent Medicare Broker Since 1998

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