



IRMAA Surcharge Checklist

The Medicare Dude™ Resource Library



A practical planning worksheet to help determine whether the Income-Related Monthly Adjustment Amount (IRMAA) applies to you, identify qualifying life-changing events, prepare an SSA-44 appeal, and organize your Medicare review.

Step 1 – Determine if IRMAA May Apply

- Enrolled (or enrolling) in Medicare Part B
- Enrolled in a Medicare Part D plan
- Received an IRMAA determination notice
- Income may exceed Medicare IRMAA thresholds
- My income has recently changed

Step 2 – Review Income Sources

- Employment income
- Pension income
- Social Security benefits
- IRA withdrawals
- 401(k) withdrawals
- Required Minimum Distributions
- Capital gains
- Rental income
- Interest or dividends
- Other taxable income

Step 3 – Life-Changing Events

- Retirement
- Reduction in work hours
- Loss of employment
- Marriage
- Divorce or annulment
- Death of a spouse
- Loss of pension income
- Loss of income-producing property
- Employer settlement payment

Step 4 – Gather Required Documents

- IRMAA determination letter
- Most recent federal tax return
- SSA-44 form
- Proof of life-changing event
- Current income estimate
- Supporting documentation

Step 5 – Before Filing Your Appeal

- Complete SSA Form SSA-44
- Attach supporting documents
- Keep copies of everything submitted
- Record submission date
- Follow up with Social Security if needed

Questions for My Medicare Advisor

Current IRMAA Tier: _____

Expected Income This Year: _____

Life-Changing Event: _____

Questions / Notes:

Need Help With IRMAA?

William Gray

The Medicare Dude™

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